# **World NCD Federation**

presents

# 8th Foundation Day International CME

on

"Reversal of Non-Communicable Diseases: Fact or Myth"

Theme: Role of diet and millets in prevention, control & management of Non-communicable Diseases

7th March, 2023

National Institute of Nursing Education (NINE),
Post Graduate Institute of Medical
Education and Research (PGIMER),
Chandigarh, India

Key highlights:

Launch of Operation Millets as part of International Year of Millets (IYOM 2023)

Exhibition on Millets

#### **Partners**





National Institute of Nursing Education, PGIMER, Chandigarh



Go to the following link or scan the QR code to register yourself in the CME:

https://www.worldncdfederation.org/portal/course/international-cme-2023



The CME is awarded Four Credit Hours by Punjab Medical Council

# Organizing Committee

Patron: Prof. Vivek Lal, Director, PGIMER, Chandigarh

Organizing Chairperson: Prof. JS Thakur, Professor, Dept of Community Medicine and SPH, PGIMER, Chandigarh & President World NCD Federation

**Organizing Secretary:** Prof. Sanjay K Bhadada, Professor and Head, Dept of Endocrinology, PGIMER, Chandigarh & Joint Secretary World NCD Federation

**Treasurer:** Dr Rajesh Vijayvergiya, Professor, Dept. of Cardiology, PGIMER

#### **Members:**

Prof. Dheeraj Khurana, Dept. of Neurology, PGIMER

Prof. Rakesh Kapoor, Professor and Head, Department of Radiotherapy, Unit 2, PGIMER

Prof. Samir Malhotra, Professor and Head, Department of Pharmacology, PGIMER

Prof. Ashutosh K. Aggarwal, Department of Pulmonary Medicine, PGIMER

#### About the CME

**Theme of the CME:** Role of diet and millets in prevention, control and management of Non-Communicable Diseases (NCDs)

**Objectives of the CME:** The objectives of the CME are to:

- Discuss the role of diet in prevention, control and management of NCDs thereby facilitating their reversal
- Discuss the evidence on reversal of NCDs
- Discuss the available evidence on role of diet and millets on reversal/ management/control/prevention in major NCDs
- Discuss the need for policy reforms towards agricultural practices, crop diversification, promoting the cultivation of foods affecting development of NCDs
- Discuss evidence on millets as potential solution to NCD menace

## **Key highlights:**

- There will be thematic sessions on role of diet in prevention, control and management of NCDs: cancer, vascular diseases, diabetes, chronic kidney diseases, respiratory disorders and Panel discussion on dietary implications of NCD reversal
- Exhibition on Determinants of NCDs

### **Expected outcomes:**

- Increased focus on NCD prevention using dietary management
- Promotion of research on role of diet on NCD reversal
- Investment of research bodies to strengthen evidence on role of millets as potential NCD fighter foods
- Policy interventions to promote healthier agricultural practices

**Participants:** Program Officers, Medical Officers in the NCD cell at state/district/sub-district level, private practitioners, faculty, resident doctors working in related departments of Community Medicine, Medicine, Cardiology, Pulmonary Medicine, Radiology, Radiotherapy, Neurology and Nursing Colleges.. Limited seats are available, on "first come, first served" basis.

**Certificate:** A certificate of participation will be issued at the end of course

**Venue:** Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh-160012, India

## **Registration Fees**

REGISTRATION FEE for	Till 20th Feb 2023	Till 28th Feb 2023	Till 6th March 2023	On the spot
National delegates (INR)	1000	1500	2000	2500
Students (INR)	500	1000	1500	2000
International delegates	75	100	125	150

How to apply: Interested candidates may register online via the e-learning@WNF portal at www.worldncdfederation.org. Complete information related to CME is available on the portal. For more information, candidates may send email to intncdcourse@gmail.com and mandatory CC to worldncdfederation@gmail.com. The registration for the International CME is complementary to those who register for the International NCD Course 2nd to the 6th of March 2023. For more details, visit www.worldncdfederation.org

#### About the World NCD Federation

World NCD Federation is a professional association working for universal health care of major Noncommunicable diseases (NCDs). The objectives of the federation are to:

- Work for prevention and control of NCDs, mainly diabetes, cardiovascular diseases (CVDs), chronic respiratory diseases (CRDs), cancer, stroke, chronic kidney diseases (CKDs), and mental health issues at international level especially developing countries.
- Organize professional activities, meetings and trainings at global, regional and national level to promote public health approaches for prevention and control of chronic NCDs.
- Build partnership with like-minded professional associations and focus on evidence-based public health interventions, so that scarce resources are used optimally in developing countries.
- Work for capacity building for surveillance, monitoring, implementation of NCD prevention and control policies and programmes and evaluation at national, regional and international level.
- Promote research in noncommunicable diseases es by capacity building and supporting national, regional and international multi-centric studies.