

Newsletter of World NCD Federation

A Biannual Newsletter from World NCD Federation (WNF)

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Issue 1

Jan-June, 2017

Message from the President

World NCD Federation (WNF) is a professional association working for global health agenda for universal health care for Noncommunicable diseases (NCDs) which is accessible and acceptable to maintain and sustain population wide and individual clinical NCD interventions. Within a short span (since its inception on March, 2015), the World NCD Federation has 205 individual and 9 institutional members in all Indian States and many developed countries like Canada, USA, UK and all developing countries.

This biannual newsletter is one of the publications of World NCD Federation. The first issue of the third volume of the newsletter includes the activities undertaken by the World NCD Federation from January-June, 2017 pertaining to Noncommunicable Diseases specifically diabetes, cardiovascular diseases, cancer, stroke, COPD, chronic respiratory diseases, chronic kidney diseases, etc. carried out at national, regional and global level. It is also a platform for the members of the World NCD Federation to share their views and opinions.

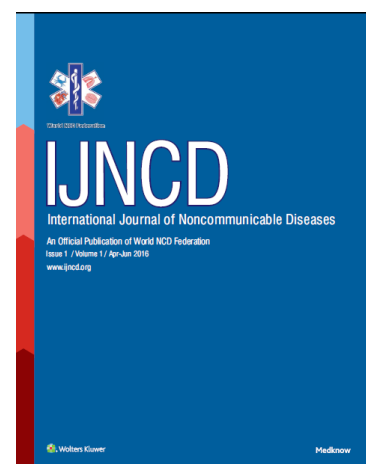
I look forward for your feedback and suggestions to make the newsletter interesting and taking forward the agenda of World NCD Federation.

WNF activities during last six months

a. Progress of International Journal of Noncommunicable Diseases

The International Journal of Non-communicable Diseases (IJNCD), an official journal of World NCD Federation (WNF), published by Wolters Kluwer/Medknow was officially launched on 7th March, 2016 during National CME on Lifestyle Diseases. Since then, 4 issues of the journal have been published.

The released issues of the journal are available on our website www.ijncd.org. The articles may also be submitted on the same website.



b. International Working Groups (IWGs)

International Working Groups (IWG) of World NCD Federation in specific thematic area such as Public Health/ Health Systems, Stroke, Diabetes, Cardiovascular Diseases, Chronic Respiratory Diseases, Cancer, Essential Medicine, Capacity Building & Research are taking forward the agenda of World NCD Federation to bring focus on Public Health Approaches in Prevention and Control of Non communicable diseases globally. Each IWG has 6-8 national/international experts as members. There is one chair and one co-chair with specific term of reference, road map of activities for the next 3 years. Till date, International working group on Public Health, Stroke, chronic respiratory diseases and Diabetes have been formed and others are being constituted. IWG is considering initiating activities in their respective areas.

c. Regional Council

Regional office for Western Pacific Region; SEA Region, Carribean Islands, Latin America and Africa Region have been started. Recently, Dr. Adolfo Rubinstein has been selected as Regional Councillor for Latin American Region. He is a physician graduated with honors from the University of Buenos Aires school of Medicine (UBA 1982). Currently, he is Vice Minister of Argentina. His research is focused on health policy research, Non-communicable diseases (NCD) prevention and epidemiology and implementation research to improve prevention and control of NCD in Argentina and Latin America. Prof. Davison Munodawafa has taken over as Regional Councillor for Africa region. He has long experience of working with WHO SEARO and AFRO regions.

d. Third National Course on Public Health Approaches to NCDs, 2nd to 7th March, 2017 and Second Foundation Day National CME:

The third PGI-AIIMS National Course on Public Health Approaches to Noncommunicable Diseases was organized at PGIMER Chandigarh from 2nd to 7th March, 2017. The course covered epidemiology, socio-economic burden of NCDS, evidence base for population level interventions for NCDs. global initiatives in NCD prevention and control including health system strengthening and surveillance and NCD prevention and control policies and programs. The faculty included experts from PGI, AIIMS, Ministry of Health, ICMR, WHO and other important institutions. 52 participants attended the course which included National and State level Program Managers, Junior Faculty, Senior and Junior Residents from Medical Colleges, Non-Governmental Organizations and also non-health sector participants.

e. **CME on “Cardiovascular Diseases: The major Preventable killer”-**

CME was organized to mark the Second Foundation day on the last day of National NCD Course on 7th March, 2017 with a theme on which is also celebrated as World NCD Day. The CME included thematic sessions on Cardiovascular Diseases, Hypertension, Acute Coronary Syndrome (ACS) Registry, Lipid Management and Role of nurses in management of NCDs and panel discussion. A Health Exhibition on ‘Healthy Lifestyle’ was also organized as a part of the CME from 10:00 am to 5 pm at NINE, PGIMER and inaugurated by Dr. Rakesh Kashyap, DHS, Chandigarh. There were 10 stalls with various themes such as Health Promotion in different settings, Right food choice, ADITI, CVD risk assessment etc. The exhibition was visited by more than 300 people.

Key Forthcoming Events, Courses and activities

World NCD Congress, 2017

- a) The **1st World NCD Congress 2017** scheduled from 4th-6th November, 2017 at PGIMER, Chandigarh promises to attract experts and champions working in the field of NCD control from around the world. The congress will showcase a cutting-edge educational and scientific experience, focusing on the latest developments in NCD detection, prevention, management, and surveillance with a special focus on implementation sciences.
- b) The theme of the Congress, "**Preventing Non-Communicable Diseases: Realizing Sustainable Development Goals (SDGs)**" is contemporary and relevant keeping in view SDGs to be achieved by 2030. The Congress is jointly organized by "The World NCD Federation" & "Postgraduate Institute of Medical Education and Research (PGIMER)", Chandigarh, which is national center of medical excellence in India.
- c) 1st World NCD Congress 2017 provides a professional platform to understand different perspectives and develop new ideas of Non-Communicable Diseases at a global level. The scientific program of the Congress includes symposia, workshops, invited lectures, plenary sessions, oral papers and posters.
- d) WHO and its collaborating centers, The Union Health Minister, Govt. of India, Director General, Indian Council of Medical Research, Global alliance for Chronic diseases, International Union against tuberculosis and lung disease, NCI and partners, CDC, York

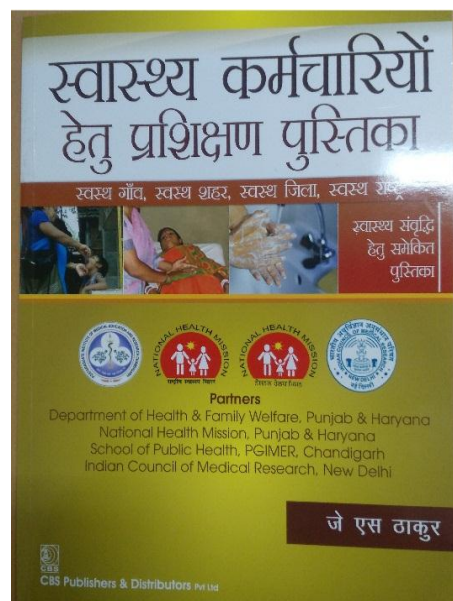
University, Maastricht University, Simon Fraser University, University of Michigan and several global associations are participating in the World NCD Congress.

- e) The details of the congress are available on our website www.worldnccdcongress2017.com.

Activities across the states in India and abroad

1. Publication of Integrated Health Promotion Manual in Hindi and Punjabi Language

In order to strengthen health promotion in national health programmes, an integrated health promotion manual has been developed in 3 languages, i.e. English, Hindi and Punjabi under ICMR funded Integrated Health Promotion Project being undertaken in District Ambala and District Hoshiarpur of Punjab and Haryana respectively. Recently, the Hindi manual has been published by CBS Publishers Pvt. Ltd., New Delhi.



The manual has been developed for training and as a resource material for health workers, counselors, ANMs, ASHAs for effective implementation of health promotion and preventive components in national health programs at district and state level. The manual is a comprehensive guide covering the risk factors of communicable diseases, noncommunicable diseases and RCH issues such as healthy diet, physical activity, tobacco use, alcohol use, substance use, stress, safe sex, road safety, personal hygiene, safe water and sanitation, immunization and oral hygiene. Keeping in view of the high demand from states, the manual has been published under the aegis of World NCD Federation.

Upcoming events and conferences on NCDs-2017

Upcoming Key NCD related Health Days from 1st July-31st December, 2017

Name of the health day	Date of the health day
World Population Day	11 th July, 2017
World Breastfeeding Week	1 st -8 th August, 2017

National Nutrition Week	1 st -7 th September, 2017
World Oral Health Day	12 th September, 2017
World Alzheimer's Day	21 st September, 2017
World Lung Day	25 th September, 2017
World Day of Deaf	27 th September, 2017
World Heart Day	29 th September, 2017
International Day for the Elderly	1 st October, 2017
National Anti-drug Addiction Day	2 nd October, 2017
World Mental Health Day	10 th October, 2017
World Arthritis Day	12 th October, 2017
Global Hand washing Day	15 th October, 2017
World Trauma Day	17 th October, 2017
World Osteoporosis Day	20 th October, 2017
World Iodine Deficiency Day	21 st October, 2017
World Obesity Day	26 th October, 2017
World Stroke Day	29 th October, 2017
Diabetes Day	14 th November, 2017
World Epilepsy Day	18 th November, 2017
World AIDS Day	1 st December, 2017
International Day of Disabled Persons	3 rd December, 2017
World Patient Safety Day	9 th December, 2017

Key Conferences and summits on NCDs-2017

October, 2017

5–6: 3rd International Conference on Sports, Medicine and Fitness; Barcelona, Spain

23–25: 6th International Conference on Epidemiology and Public Health; Paris, France

November, 2017:

4-6: 1st World NCD Congress, 2017

13-14: 3rd World Public Health, Nutrition & Epidemiology Congress; Osaka, Japan

Governing Bodies of World NCD Federation

International Advisory Council:

Dr. Matti Hakama, Finland; Dr. Arun Chockalingham, Canada; Dr. Rajiv Saran, Michigan, USA; Dr. Carlo Cadiff, UK; Prof MSA Mansur Ahmed, Bangladesh, Prof Ratna, Indonesia; Dr. Wu Fan, China; Dr. Paul Oh, Canada; Prof VK Srivastava, India, Dr. Firdosi Mehta, Canada

Governing Council of World NCD Federation:

- **President:** Dr. JS Thakur, Professor, School of Public Health, PGIMER, Chandigarh
- **Vice-President:** Dr. Dheeraj Khurana, Professor, Dept. of Neurology, PGIMER, Chandigarh
- **Secretary:** Dr. Rakesh Kapoor, Professor, Dept. of Radiotherapy, PGIMER, Chandigarh
- **Joint Secretary:** Dr. Sanjay Bhadhada, Professor, Dept. of Endocrinology, PGIMER, Chandigarh
- **Treasurer:** Dr. Rajesh Vijayvergiya, Professor, Advanced Cardiac Center, PGIMER, Chandigarh
- **Executive Members:**
 - Dr. Samir Malhotra, Professor, Dept. of Pharmacology, PGIMER, Chandigarh
 - Dr. Ashutosh Aggarwal, Professor, Dept. of Pulmonary Medicine, PGIMER, Chandigarh

Regional Council

Regional Councillor for WNF region: Dr. Zie-Jie Zheng, China, Western Pacific Region; Dr. Anand Krishnan for SEA Region, Dr. Vijay Kumar Chattu for Caribbean Islands, Dr. Adolfo Rubinstein for Latin American Region, Dr. Davison Muondawafa for Africa Region.

Editorial Board

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Published by: Dr. JS Thakur, President, on behalf of World NCD Federation, Chandigarh, India

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